

R-GO

Ready, Steady, Go inclusive sport events for all

The project is coordinated by the
Harghita County General Directorate for Social Assistance and Child Protection, and our partners are
Csányi Alapítvány a Gyermekekért **Közhasznú Alapítvány**
in Hungary and
Musubi Sports Association in Romania

At the beginning of this year, the General Directorate of Social Assistance and Child Protection (DGASPC) Harghita launched a new Erasmus+ project.

The project, titled "R-GO - Ready, Steady, Go - Inclusive Sport Events for All", runs over a period of 24 months and aims to support health education, promote diversity, and foster social inclusion through sport. As such, the project is especially targeted at children and young people in vulnerable situations.

R-GO is coordinated by DGASPC Harghita and is implemented in partnership with the "Csányi Foundation for Children" from Hungary and the "MUSUBI Sports Association" based in Miercurea Ciuc.

The project is based on the idea that sport contributes not only to the physical development of young people and to fostering a healthy lifestyle, but also plays a key role in mental well-being and a balanced life: young people learn cooperation, acceptance, flexibility, and more. The activities of the project aim to build self-confidence and reduce the stress experienced by children in difficult situations or by young people who have been through trauma.



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Launching a
new Erasmus+
project

Sport plays a key role
in mental well-being



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The project includes the organization of two Multi-profile Sports Camps for two age groups: 7-14 years and 14+, as well as an International Football Championship. The camps are scheduled to take place in Hungary over a period of 5 days, with 20 participants from DGASPC Harghita and 15 from the Hungarian partner for each age group. The international football tournament will be held in Miercurea Ciuc, organized by the MUSUBI Sports Association.

Two Multi-profile Sports Camps

A collection of best practices in the field of social inclusion through sport

These sporting events will be based on a research component and a collection of best practices in the field of social inclusion through sport, which will be compiled into a Best Practices Guide.

The project also proposes the production of a Short Documentary video featuring successful personalities from the world of sports who come from disadvantaged backgrounds.

A Short Documentary Video

The first two meetings took place at the headquarters of DGASPC Harghita, on February 1 and February 21. The first meeting was attended only by the Hungarian partner, while the second involved the partner from Miercurea Ciuc.

On March 6, the third meeting of the project "R-GO - Ready, Steady, Go - Inclusive Sport Events for All" took place. The meeting was held online and aimed to discuss the upcoming activities planned for the two sports camps included in the project.

On May 8, the fourth meeting of the "R-GO - Ready, Steady, Go - Inclusive Sport Events for All" project was held in Szeged, Hungary. During the meeting, partners reviewed the progress achieved so far, discussed the results of the "Best Practices" work package and focus group interviews, and identified key elements to be integrated into the upcoming sports camps for children and young people (7-14 and 14+), scheduled for August 12-17, 2024, in Mohács. The partners also discussed the organization of the camps, the implementation plan for the 30-minute documentary film, as well as project management, promotion and branding activities, and reporting procedures.

Transnational partners meetings





Project PARTNERS

**Harghita County General Directorate for
Social Assistance and Child Protection
– Romania**



**Csányi Alapítvány a Gyermekekért
Közhasznú Alapítvány
– Hungary**



**MUSUBI Sport Association,
Miercurea Ciuc
– Romania**

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