



R-GO

Ready, Steady, Go
inclusive sport events for all

The project is coordinated by the **Harghita County General Directorate for Social Assistance and Child Protection**, and our partners are **Csányi Alapítvány a Gyermekekért** and **Közhasznú Alapítvány** in Hungary and **Musubi Sports Association** in Romania

Junior mentors

The children from Harghita County who participated in the camps were accompanied by four junior mentors, five educators, and three employees from the General Directorate.

They were joined by two instructors from the Musubi Sports Club in Miercurea Ciuc, as well as 18 companions from the Csányi Foundation – the camp coordinator and instructors.

The junior mentors from Harghita are residents of the Directorate's family-type homes and, on this occasion, participate not only as beneficiaries but also as supervisors. The involvement of such mentors, already an established practice within the Csányi Foundation, contributes to the development of responsibility among the older children. It is a good practice that the Directorate has taken over from its partner organization and applied within the camp.

NEWSLETTER #2

JANUARY 2025

Two sports camps in Mohács

Between August 12 and 17, two sports camps were organized in Mohács as part of the R-GO – Ready, Steady, Go project, which promotes inclusive sporting events for all.

A total of 70 disadvantaged children and young people took part in these camps. Of these, 37 are beneficiaries of the Harghita County Directorate General for Social Assistance and Child Protection, and 33 are supported by the Hungarian project partner, the Csányi Foundation.



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Short video documentary (WP3)

A variety of sports activities

The two sports camps, held in parallel, were organized by our Hungarian partner for two age groups: 7-14 years old and over 14 years old. The camp program was designed based on the results of a survey conducted at the beginning of the year, and one of the most important criteria was ensuring equal opportunities for girls and boys.

Thus, in order to maintain gender balance, the program included sports activities that were also attractive to girls, such as yoga sessions. The program offered a wide range of sports activities, such as soccer, swimming, table tennis, badminton, volleyball, and aikido. The organizers also prepared a series of interesting complementary activities, including: visiting the Busóudvar complex in the city center, canoeing, swimming pool activities, visiting a mill, a pleasure cruise, a walk along the banks of the Danube, watching movies, and a local history quiz at the Community House.

On October 12, 2024, during a camp in Praid, 42 young people in the protection system watched the short film "Sport for All," produced as part of the R-GO project. Through this film, one of the institution's former beneficiaries, Lakatos Szabolcs—now a 27-year-old professional fighter, sends a message to children and young people in disadvantaged situations: to set goals with courage and not to give up, even if they sometimes feel inferior to other young people their age who live with their parents.

In the film, the professional athlete and children's coach at the German sports club TGS Herdecke briefly presents his life story: how he ended up in the protection system in Harghita County, what he experienced, what difficulties he faced, how he started playing sports, and what results he has achieved over time

Screening of motivational interview from the video documentary about role models (WP3)





Project partners:

**Harghita County General Directorate for
Social Assistance and Child Protection
– Romania**



**Csányi Alapítvány a Gyermekekért
Közhasznú Alapítvány
– Hungary**



**MUSUBI Sport
Association, Miercurea
Ciuc
– Romania**

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