

R-GO

Ready, Steady, Go
inclusive sport events for all

OCTOBER 2025

NEWSLETTER #3

The project is coordinated by the
Harghita County General Directorate for Social Assistance and Child Protection, and our partners are
Csányi Alapítvány a Gyermekekért **Közhasznú Alapítvány**
in Hungary and
Musubi Sports Association in Romania

The aim of the project **R-GO – Ready, Steady, Go – inclusive sporting events for all** – is to promote diversity and social inclusion, popularize sport, and support health education through sport, targeting disadvantaged children and young people.

The partners planned three sports events as part of the project. In Hungary, the Csányi Foundation organized two sports camps for age groups 7-14 and over 14, with 20 children and young people from Harghita County, who are in the child protection system, and 15 children and young people from Hungary participating. The third event, an international football championship, was organized by the MUSUBI Sports Association from Miercurea Ciuc.

In addition to the sports events, the partners developed a collection of best practices aimed at helping disadvantaged children close the gap and promoting sports among them. A short video documentary was also produced, featuring young people from disadvantaged backgrounds who have achieved success and sharing how sports positively influenced their lives.

The main objective of the project

Three sporting events

A short documentary video

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Final Conference and thematic discussion on the project results

The Final Conference, project results presentation, and thematic discussion at a round table with sports professionals

As part of the R-GO project – Ready, Steady, Go – Inclusive Sport Events for All, a thematic discussion was held on October 9th in Șumuleu Ciuc, Harghita, around a round table with professionals from the fields of sports and education. The aim of the meeting was to exchange experiences on how sports can contribute to the inclusion of children and young people facing difficulties. Among the guests were coaches and athletes from various disciplines – boxing, karate, aikido, football – as well as a sports psychologist and a representative of the Csányi Foundation, each offering their unique perspective on the role of sports in creating equal opportunities. The event was opened by General Director Elekes Zoltán, followed by a presentation by Gál Katalin, who outlined the project's objectives, the results of the research conducted, and the importance of the collection of best practices.

The benefits of the program, not only on physical condition, but also on self-confidence, cooperation, and the development of constructive thinking

A highlight of the event was the presentation by Annamária Éles, mentor of the Csányi Foundation's Mohács community, who offered a vivid overview of last year's Erasmus+ summer sports camps. Through a series of colourful photographs, participants were able to glimpse the everyday life of the 70 children and young people involved, including 37 beneficiaries from Harghita County. The programme combined morning sports activities – volleyball, swimming and football – with afternoon excursions to local attractions such as the St. Nicholas Water and Treadmill Mill, the Busó Courtyard Complex and canoe trips on a branch of the Danube. The varied schedule also included yoga, table tennis, badminton and aikido. As highlighted in the presentation, the camps not only contributed to physical development but also strengthened confidence, cooperation and problem-solving skills.

Screening of Short-documentary video produced as a result of the project

The roundtable continued with the screening of a 35-minute motivational short film produced within the project, featuring five young people who achieved significant success despite difficult beginnings. Their testimonies revealed personal struggles, self-doubt and the determination that ultimately led them to thrive. The discussion following the film focused on differences between support systems in Hungary and Harghita County, the wide-ranging responsibility of coaches, the need for safe, abuse-free sporting environments and the importance of tailoring expectations to the emotional development of children. Participants agreed that sport should prioritise experience, progress and community-building over performance alone.





International Football Championship – Powered by the R-GO Project

Another important moment of the project took place on October 10th, when the International Football Championship was held in Miercurea Ciuc. The event highlighted the inclusive aspect of the competition and allowed for the participation of a larger number of young people from disadvantaged backgrounds. Nine teams competed, divided into two age categories: 10-14 years and 15-20 years. In addition to the placement centers from the county, the "Brazilians from Ciuc," a team made up of young people from the Roma community, also participated, along with a team from Mureș County, a team from Covasna County, and a team from Hungary representing the Csányi Foundation, giving the event a cross-border collaborative character.

Taken together, the events highlighted the vital role that the R-GO project plays in the lives of vulnerable young people. By offering accessible and motivating activities, the project supports personal development, boosts self-esteem and contributes to social integration. Both the Final Conference and the International Football Championship reaffirmed that sport has the power to create real opportunities – not only on the field but also in life.



Matches were played in a 4+1 format with two substitutions allowed. While the teams demonstrated commitment and competitive spirit, the main focus remained on fair play, social interaction and the joy of playing together. By the end of the day, results were announced in both age categories, but the true significance of the event lay in the sense of belonging, achievement and positive reinforcement experienced by the participants. All players received recognition at the awards ceremony, strengthening their confidence and enthusiasm for sport.





Project partners:

**Harghita County General Directorate for
Social Assistance and Child Protection
– Romania**



**Csányi Alapítvány a Gyermekekért
Közhasznú Alapítvány
– Hungary**



**MUSUBI Sport
Association, Miercurea
Ciuc
– Romania**

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